

The ^{ultimate} Paternoster Bucket List

Things to do and see

- ◇ Visit the **Cape Columbine Lighthouse** (+27 21 449 2400).
- ◇ Head up Langstrand for an **early morning sunrise beach walk**.
- ◇ Do **whale-spotting**.
- ◇ Take a happy touristy snap at our very own **Yellow Photo Frame**.
- ◇ **Braai** at Tietiesbaai.
- ◇ Build a **sandcastle** with the kids.
- ◇ Listen out for the nostalgic **foghorn** on misty mornings.
- ◇ Find a quiet spot and do some serious **bird-watching**.
- ◇ Buy your **bokkom** fix at the Fish Market.
- ◇ Watch in total awe the **full moon** rising over the bay.
- ◇ Get your hands on some traditional **pickled fish & hot cross buns** to enjoy at Easter.
- ◇ Assist the local fishermen to drag their harvest of **harders** to shore.
- ◇ Bribe, beg or blackmail one of the local tannies to share some traditional home-made **koesisters** with you.
- ◇ Explore the surrounding area with an informative, scenic and thrilling **Beach Buggy Fynbos Safari** (+27 72 402 1829 - deon@farrout.co.za)
- ◇ **Ride a horse** along the beautiful Langstrand beach with Ronel at **Drikus Horse Trails** (+27 82 748 5596 - colomboronel7@gmail.com)
- ◇ Paddle out between the rocks to see seabirds, penguins and see Paternoster from a different angle with **Kayak Paternoster** (+27 82 898 3028 - kayakpaternoster@gmail.com)
- ◇ Join a **WOW E-Bike** tour to ride effortlessly through the beautiful landscape (+27 83 261 9921 - bookings@wowebikes.co.za)
- ◇ Design and **stamp your own platter** with Pam from **PB Ceramics** (pbceramicspaternoster@gmail.com)
- ◇ Get energised and **hike in and around the village** with local tour guide Bruce (+27 82 488 0680)
- ◇ Dance it out with the **Paternoster Line Dancers** (+27 78 391 1407 or Book via Airbnb on <https://bit.ly/paternosterlinedancingclass>)
- ◇ Fulfil a dream and take a **horse ride** from the main beach towards Langstrand with **West Coast Beach Rides** (+27 79 889 9291 - info@westcoastbeachrides.co.za)



Retail therapy

- ◇ Discover salvaged treasures and all sort of interesting gadgets and toys at **A Load of Bollox** at the Paternoster Waterfront, a store just for the boys & men who are still boys.
- ◇ Pick up a ciabatta straight from the oven, a take-away Deluxe coffee, freshly prepared deli meals, organic veggies and many other goodies from the **OK Minimark** – open 7 days a week (+27 22 752 2621)
- ◇ Buy indigenous plants & bulbs at **Paternoster Nursery** (+27 82 824 8917)
- ◇ Buy anything including hardware, gas, antiques, fishing gear and mielie brooks, flip flops at the general dealer **Paternoster Trading Post** (+27 71 362 7577 paternoster.tradingpost@gmail.com)
- ◇ Get curious at **The Workshop**. Explore the world of yesteryear toy car collection and vintage & contemporary signage creator (+27 82 448 9955)
- ◇ Stock up on all your beachy toys & accessories at **Beach Bums**. From sun hats, super comfy bokomo baggies, Lizzard flip flops, buckets & beach balls to family games and sunscreen. (+27 83 234 0366)
- ◇ Admire the unique jewellery at **MW Design** where jewellery designer & artisan, Mel, has created a unique collection of jewellery to suit anyone with individual flare (meljewelrydesign@gmail.com)
- ◇ Savour fresh plaasbrood, hand-churned butter, savoury scones, pies, sweet bakes, wine and more at **Dispens – Die Winkel op Paternoster** (+27 64 041 6914)
- ◇ Enjoy some koek en tee while you browse slippers, jams and other stuff at **Jêrn & Pantoffels Café**.
- ◇ Create a unique leather item for yourself or a gift, or buy or order a bespoke one-of-a-kind bag, backpack or other item at **Mattat Leather** (+27 82 853 9472 - mattat.leather@gmail.com)
- ◇ Spoil yourself with beautiful, bespoke hand-made sea glass & Venetian glass jewellery and other hand-picked pieces from **Fleur Delyse Glass Studio** (fleurdelyse@icloud.com)
- ◇ Adventure down the rabbit hole and discover the quirky eclectic **The Hobnobbery** co-operative for gifts, pretty things, clothing, deli items, delicious cheeses and freshly baked croissants (+27 84 240 0630)
- ◇ Dawdle through the **Shell Shop** at the Paternoster Hotel for perfect sea-side souvenirs and gifts (+27 22 752 2703)
- ◇ Browse through the quirky and contemporary treasures of jewellery, décor, scarves and clothing at **Maneki**.
- ◇ Take a wander through **The Boho Beach Shop** which is filled with good vibes, women & menswear, something for the kiddos, accessories and Paternoster branded goodies.
- ◇ Get some locally designed and handmade clothes made of natural and fabulous fabrics, accessories, shoes and homeware at **Ancient Spirit** (info@ancientspirit.co.za / www.ancientspirit.co.za)
- ◇ Fall in love with the ocean at **Studio Sea Love** at the Paternoster Waterfront where Adèle shares the jewels of the ocean with the world. She creates unique products like bags & cushion covers with her amazing underwater photographs (sealove@itstartswithme.global)
- ◇ TAKE a step into **Journey** for a sensory experience of textures, colours and patterns of the West Coast seaside lifestyle to spoil yourself or a fortunate friend (stanford.journey21@gmail.com)
- ◇ Explore **êk** for uniquely curated décor, functional and just plain beautiful gifts and goodies that can best be described as “Dis so êk!” (“This is so me!”) (+27 79 504 0996)



Arts, crafts & photography

- ◇ Wander through the **Art Shed** at The Paternoster Waterfront.
- ◇ Let your inner artist create and express itself with **AJ's Paternoster Art Retreats** (+27 71 473 4469 / aj@ajaysart.co.za)
- ◇ Browse and admire art and pottery by talented local ceramicist Dianne Heesom-Green and other local artists at **Stone Fish Studio & Gallery** (+27 82 824 8917)
- ◇ Enjoy the beautiful glass work items at **Glass Art Studio** (+27 82 788 9012)
- ◇ Visit **Pater Crafter** with over 16 unique artisan stalls showcasing a curated collection of authentic, coastal-inspired creations (+27 71 675 5740 / patercrafter.paternoster@gmail.com)

Entertainment

- ◇ Immerse yourself in some culture, entertainment and art exhibitions at **Die Koelkamers**, our local theatre located at the Paternoster Waterfront (+27 82 554 0775 / <https://www.diekoelkamers.com>)

Pamper & Spoil

- ◇ Treat yourself (and your partner) to a well-deserved massage or facial at **Dunes Beauty** (+27 22 752 2217 / reservations@paternosterdunes.co.za)
- ◇ Build your core strength, focus, posture and alignment with **Pilates Mat Classes** to suit your fitness level (+27 79 756 2868 / coachinglab@me.com)
- ◇ Romance the person in your life and order a **Picnic Basket** from Dee to take to Bekbaai Beach while you watch the Sunset over the rocks & ocean (+27 63 304 2237 / info@gilcrestplace.com)
- ◇ Indulge in the ultimate luxury. Spoil yourself and your partner with a selection of body treatments in the peaceful space of **Elements Wellness Suite** (+27 83 654 3001 / reservations@strandloperoocean.com)
- ◇ Get inked at **Firehouse Tattoo & Art Studio** (+27 76 956 9105)
- ◇ Schedule some well-deserved me-time & pampering in the comfort of your accommodation with a relaxing massage or a pretty *beach ready* pedicure from **Healing Touch Mobile Spa** (+27 62 131 5904 / info@healingtouchmobilespa.co.za)
- ◇ Contact **Nina's Salt & Serenity Mobile Spa** if you need some time out in the comfort of your own home or rental unit (+27 82 935 2753)
- ◇ Indulge in delicious **Il Dolci** artisan ice-cream at the Paternoster Waterfront (+27 72 840 3527)



Restaurants

TYPE	NAME	CONTACT DETAILS	DAYS/HOURS OF OPERATION
Cocktails, Bubbly & Wine Lounges	The Oyster Lounge @ Abalone Hotel	+27 22 752 2044	Lunch & dinner Mon – Sun
	Wine & Tasting Lounge	+27 61 540 9530	Wed – Mon 11:00 - 20h00
Coffee Shops	Cathy's Kitchen	+27 66 253 4881	Breakfast & lunch Thu – Tue 8:30 - 13:30 Friday Happy Hour 16:00 – 20h00
	Jêm & Pantoffels Café	+27 83 460 3395	09:00 – 16:00 Mon – Sun
	Koekemakranka	+27 83 490 6315	Breakfast & lunch Mon – Sun 9:00 – 17:00
	Mondvol Koffiewinkel	+27 73 939 0186	Breakfast & lunch Wed – Sun 9:00 – 15:00
	The Hobnobbery	+27 84 240 0630	Breakfast & lunch Tue – Sat 09:00 – 16:00 Sun 09:00 – 14:00
Family Restaurants	Black Sails	+27 84 406 7434	Lunch & dinner Mon – Sun
	Blikkie Pizzeria	+27 79 598 8616	Breakfast, lunch & dinner Tue – Sun 11:00 – 21:00
	Paternoster Hotel	+27 22 752 2703	Breakfast, lunch & dinner Mon – Sun
	Seekombuis	+27 72 258 9041	Breakfast, lunch & dinner Mon – Sun
	The Restaurant at The Paternoster Lodge	+27 22 880 0970	Breakfast, lunch & dinner Mon – Sun
	Voorstrandt Restaurant	+27 22 752 2038	Lunch & dinner Mon – Sun
	Waffle Wharf & Whale's Rib	+27 64 426 0149	Sun – Tue 09:00 – 17:00 Thu, Fri & Sat 09:00 – 20:00
Fine Dining Restaurants	I Kreeftegang	+27 22 752 2069	Lunch & dinner Mon – Sun
	Blues @ Abalone Hotel	+27 22 752 2044	Breakfast, lunch & dinner Mon – Sun
	De See Kat	+27 72 343 9793	Tue – Sat 12:00 – 21:00 Sun 12:00 – 16:00
	Dispens	+27 64 041 6914	Breakfast & lunch Mon – Sun
	Gaaitjie	+27 73 753 7363	Lunch & dinner Thu – Mon
	Leeto	+27 22 125 0675	Lunch & dinner Mon – Sun
	Noisy Oyster	+27 22 752 2196	Lunch & dinner Wed – Sun
	Wolfgat	www.dineplan.co.za/ restaurants/wolfgat	Lunch Wed–Sun & Dinner Fri & Sat ONLINE BOOKING ONLY
Sports Pub	Jolly Roger	+27 77 447 5537	Lunch & dinner Mon – Sun
Take-aways	Ietsie Alz	+27 64 673 5099	Mon – Sat 10:00 -16:00 Sun 10:00 – 15:00

